



Sanctuary Ski Club Bike Ride



Waterfall Glen Forest Preserve

Saturday, October 2nd

10:00 a.m. MEET, 10:30 a.m. RIDE!

We will park and meet at the trail head lot, just south of I-55 and Cass Avenue, on the west side of Cass Avenue, just north of Northgate Road in Darien (Southeast corner of DuPage County, the trail circles Argonne National Laboratory). See the map below or [click here and visit their web-site](#) for more details. We will ride counter-clockwise on the crushed limestone trail.

The distance around the trail is 11 miles. It's a perfect ride for those that want to participate in the bike group events but don't have the time or legs for a long ride.

After the ride, we will seek out a restaurant close by for lunch.

Here are some things that you might want to bring on the ride:

Bike Lock • Water • Money • Spare Tube & Tools
Helmet • Seat bag or Rack (for the above)

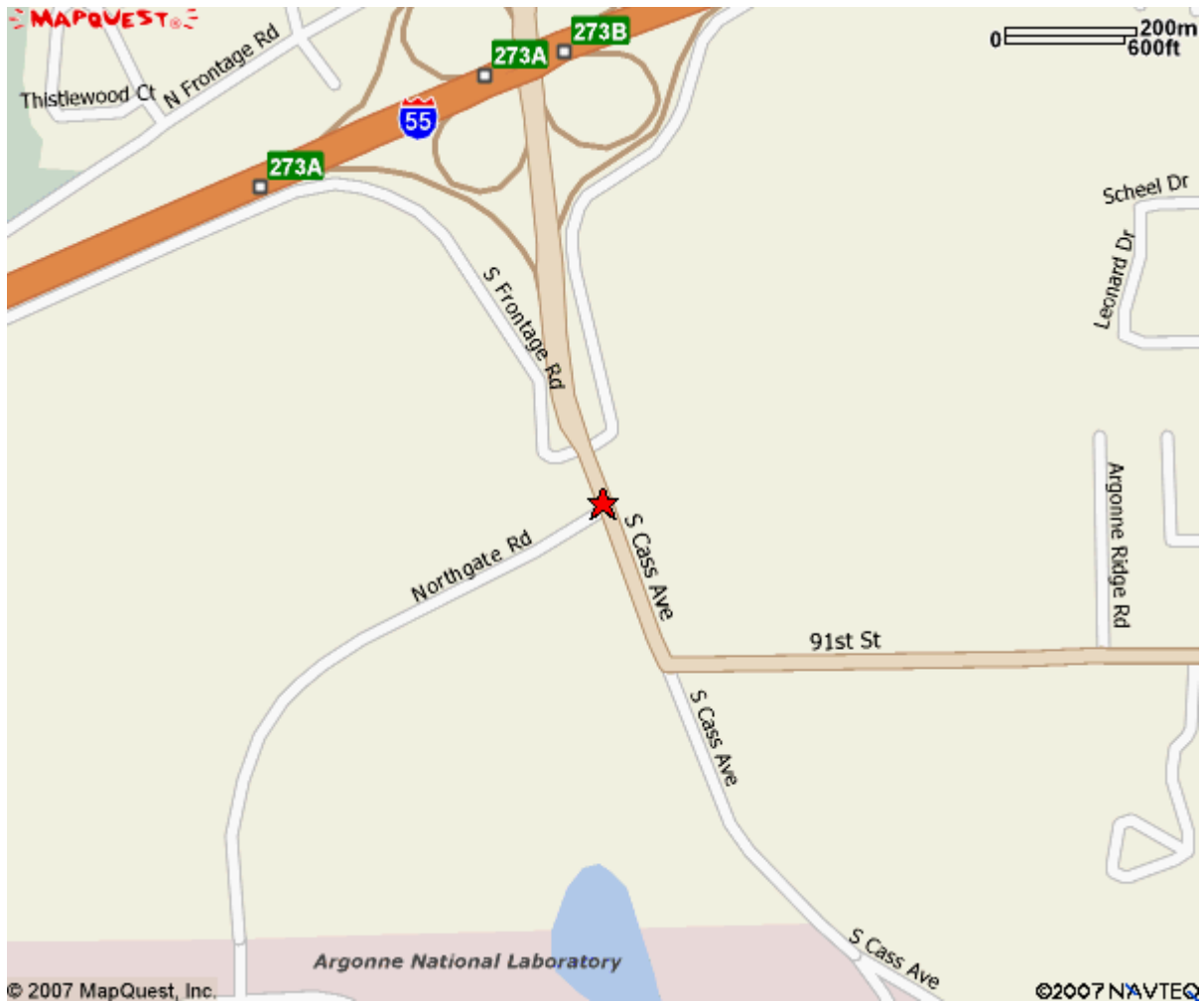
Radio – Talkabout 2-way radio fans, we will be on channel 7 / band 7

Our ride coordinator is Chris Nesypor. You can contact him at cnesypor@comcast.net by e-mail or on his cell at 630-220-4680.

You can also contact the bike committee leader, Debbie Geiger, by e-mail at bikesanctuary@gmail.com or on her cell at 630-400-6620.



Road map of where we're starting from:



For further directions from Mapquest [click here](#).